

CHIRRIPO- HIGHLANDS

Packing List

CLOTHES

Item	Quantity	Packed
Hiking Pants		<input checked="" type="checkbox"/>
Non-Cotton Shirts		<input checked="" type="checkbox"/>
Hiking Shoes water proof		<input checked="" type="checkbox"/>
Belt		<input checked="" type="checkbox"/>
Tennis shoes/sandals		<input type="checkbox"/>
Wool Socks		<input checked="" type="checkbox"/>
Synthetic Sock Liners (Optional)		<input type="checkbox"/>
Rain Jacket		<input checked="" type="checkbox"/>
Fleece		<input checked="" type="checkbox"/>
Warm Jacket		<input checked="" type="checkbox"/>
hat		<input checked="" type="checkbox"/>
sun glasses		<input checked="" type="checkbox"/>
warm gloves (waterproof)		<input checked="" type="checkbox"/>
snow cap (beanie)		<input checked="" type="checkbox"/>
warm clothes		<input checked="" type="checkbox"/>

LODGE

Item	Quantity	Packed
Quarters (laundry)		<input type="checkbox"/>
Shower shoes		<input checked="" type="checkbox"/>
Toiletries		<input checked="" type="checkbox"/>
Towel		<input type="checkbox"/>
Fan (optional)		<input type="checkbox"/>
Bedding/provided bedding is terrible		<input type="checkbox"/>
Soap for Laundry		<input type="checkbox"/>

FIELD ACCESSORIES

Item	Quantity	Packed
Tent		<input type="checkbox"/>
Sleeping Bag (0-20 degree recommended)		<input checked="" type="checkbox"/>
Headlamp		<input checked="" type="checkbox"/>
Sleeping Pad optional		<input checked="" type="checkbox"/>
Camping Mug		<input type="checkbox"/>
Camping Stove (Optional)		<input type="checkbox"/>
spoon and bowl		<input type="checkbox"/>
camp towel		<input checked="" type="checkbox"/>

OFFICE SUPPLIES

Item	Quantity	Packed
Graph Paper (millimeter grid squares)		<input type="checkbox"/>
Pencils		<input checked="" type="checkbox"/>
Colored Pencils and sharpener		<input checked="" type="checkbox"/>
Protractor		<input type="checkbox"/>
Microns Pens (0.1: red, blue, 2 black)		<input type="checkbox"/>
Ruler		<input checked="" type="checkbox"/>
Stereonet		<input type="checkbox"/>
Tracing Paper		<input type="checkbox"/>
Scotch tape for stereonet		<input type="checkbox"/>
Quality Eraser		<input checked="" type="checkbox"/>
White Out Pen		<input type="checkbox"/>
lap top with ArcGis		<input type="checkbox"/>

THE FIELD

Item	Quantity	Packed
Clipboard		<input checked="" type="checkbox"/>
Hard Rock Hammer		<input type="checkbox"/>
Rock Hammer Sheath (recommended)		<input type="checkbox"/>
Hand Lens		<input checked="" type="checkbox"/>
Geologic Field Notebook		<input checked="" type="checkbox"/>
HCL (optional)		<input checked="" type="checkbox"/>
Brunton Compass		<input checked="" type="checkbox"/>
Sunscreen		<input checked="" type="checkbox"/>
Bladder/Nalgens (3-liter)		<input checked="" type="checkbox"/>
Day Pack/Book bag		<input checked="" type="checkbox"/>
Rain Cover		<input checked="" type="checkbox"/>
Watch (optional)		<input type="checkbox"/>
Bug Spray 90%DEET or more		<input checked="" type="checkbox"/>
ziplock bags		<input checked="" type="checkbox"/>
Pencils		<input checked="" type="checkbox"/>
Container for lunch (optional)		<input checked="" type="checkbox"/>

SOUTH PACIFIC- COASTAL

Packing List

CLOTHES

Item	Quantity	Packed
Hiking Pants		<input checked="" type="checkbox"/>
Non-Cotton Shirts		<input checked="" type="checkbox"/>
Hiking Shoes water proof or Chacos or sandals		<input checked="" type="checkbox"/>
Belt		<input checked="" type="checkbox"/>
Tennis shoes/sandals		<input checked="" type="checkbox"/>
Wool Socks		<input type="checkbox"/>
Synthetic Sock Liners (Optional)		<input type="checkbox"/>
Rain Jacket		<input checked="" type="checkbox"/>
Fleece		<input type="checkbox"/>
Warm Jacket		<input type="checkbox"/>
hat		<input checked="" type="checkbox"/>
sun glasses		<input checked="" type="checkbox"/>
warm gloves (waterproof) This is a MUST		<input type="checkbox"/>
snow cap (beanie)		<input type="checkbox"/>
swimming suit		<input checked="" type="checkbox"/>

HOTEL

Item	Quantity	Packed
Quarters (laundry)		<input type="checkbox"/>
Shower shoes		<input type="checkbox"/>
Toiletries		<input type="checkbox"/>
Towel		<input type="checkbox"/>
Fan (optional)		<input checked="" type="checkbox"/>
Bedding/provided bedding is terrible		<input type="checkbox"/>
Soap for Laundry		<input type="checkbox"/>

FIELD ACCESSORIES

Item	Quantity	Packed
Tent		<input type="checkbox"/>
Sleeping Bag (0-20 degree recommended)		<input type="checkbox"/>
Headlamp		<input type="checkbox"/>
Sleeping Pad		<input type="checkbox"/>
Camping Mug		<input type="checkbox"/>
Camping Stove (Optional)		<input type="checkbox"/>
spoon and bowl		<input type="checkbox"/>
camp towel		<input type="checkbox"/>

OFFICE SUPPLIES

Item	Quantity	Packed
Graph Paper (millimeter grid squares)		<input checked="" type="checkbox"/>
Pencils		<input checked="" type="checkbox"/>
Colored Pencils and sharpener		<input checked="" type="checkbox"/>
Protractor		<input type="checkbox"/>
Microns Pens (0.1: red, blue, 2 black)		<input type="checkbox"/>
Ruler		<input checked="" type="checkbox"/>
Stereonet		<input checked="" type="checkbox"/>
Tracing Paper		<input checked="" type="checkbox"/>
Scotch tape for stereonet		<input checked="" type="checkbox"/>
Quality Eraser		<input checked="" type="checkbox"/>
White Out Pen		<input type="checkbox"/>
lap top with ArcGis		<input type="checkbox"/>

THE FIELD

Item	Quantity	Packed
Clipboard Box		<input checked="" type="checkbox"/>
Hard Rock Hammer		<input checked="" type="checkbox"/>
Rock Hammer Sheath (recommended)		<input type="checkbox"/>
Hand Lens		<input checked="" type="checkbox"/>
Geologic Field Notebook		<input checked="" type="checkbox"/>
HCL (optional)		<input type="checkbox"/>
Brunton Compass		<input checked="" type="checkbox"/>
Sunscreen		<input checked="" type="checkbox"/>
Bladder/Nalgens (3-liter)		<input checked="" type="checkbox"/>
Day Pack/Book bag		<input checked="" type="checkbox"/>
Rain Cover		<input type="checkbox"/>
Watch (optional)		<input type="checkbox"/>
Bug Spray 90%DEET or more		<input checked="" type="checkbox"/>
ziplock bags		<input checked="" type="checkbox"/>
Pencils		<input checked="" type="checkbox"/>
Container for lunch (optional)		<input type="checkbox"/>

CENTRAL VOLCANIC CORDILLERA

Packing List

CLOTHES

Item	Quantity	Packed
Hiking Pants		<input checked="" type="checkbox"/>
Non-Cotton Shirts		<input checked="" type="checkbox"/>
Hiking Shoes		<input checked="" type="checkbox"/>
Belt		<input checked="" type="checkbox"/>
Tennis shoes/sandals		<input type="checkbox"/>
Wool Socks		<input checked="" type="checkbox"/>
Synthetic Sock Liners (Optional)		<input type="checkbox"/>
Rain Jacket		<input checked="" type="checkbox"/>
Fleece		<input checked="" type="checkbox"/>
Warm Jacket		<input checked="" type="checkbox"/>
hat		<input checked="" type="checkbox"/>
sun glasses		<input checked="" type="checkbox"/>
warm gloves (waterproof)		<input checked="" type="checkbox"/>
snow cap (beanie)		<input checked="" type="checkbox"/>
warm clothes		<input checked="" type="checkbox"/>

HOTEL

Item	Quantity	Packed
Quarters (laundry)		<input type="checkbox"/>
Shower shoes		<input type="checkbox"/>
Toiletries		<input type="checkbox"/>
Towel		<input type="checkbox"/>
Fan (optional)		<input type="checkbox"/>
Bedding/provided bedding is terrible		<input type="checkbox"/>
Soap for Laundry		<input type="checkbox"/>

FIELD ACCESSORIES

Item	Quantity	Packed
Tent		<input type="checkbox"/>
Sleeping Bag (0-20 degree recommended)		<input checked="" type="checkbox"/>
Headlamp		<input checked="" type="checkbox"/>
Sleeping Pad		<input type="checkbox"/>
Camping Mug		<input type="checkbox"/>
Camping Stove (Optional)		<input type="checkbox"/>
spoon and bowl		<input type="checkbox"/>
camp towel		<input type="checkbox"/>

OFFICE SUPPLIES

Item	Quantity	Packed
Graph Paper (millimeter grid squares)		<input checked="" type="checkbox"/>
Pencils		<input checked="" type="checkbox"/>
Colored Pencils and sharpener		<input checked="" type="checkbox"/>
Protractor		<input checked="" type="checkbox"/>
Microns Pens (0.1: red, blue, 2 black)		<input checked="" type="checkbox"/>
Ruler		<input checked="" type="checkbox"/>
Stereonet		<input type="checkbox"/>
Tracing Paper		<input type="checkbox"/>
Scotch tape for stereonet		<input type="checkbox"/>
Quality Eraser		<input checked="" type="checkbox"/>
White Out Pen		<input type="checkbox"/>
lap top with ArcGis		<input type="checkbox"/>

THE FIELD

Item	Quantity	Packed
Clipboard Box		<input checked="" type="checkbox"/>
Hard Rock Hammer		<input checked="" type="checkbox"/>
Rock Hammer Sheath (recommended)		<input type="checkbox"/>
Hand Lens		<input checked="" type="checkbox"/>
Geologic Field Notebook		<input checked="" type="checkbox"/>
HCL (optional)		<input type="checkbox"/>
Brunton Compass		<input checked="" type="checkbox"/>
Sunscreen		<input checked="" type="checkbox"/>
Bladder/Nalgens (3-liter)		<input checked="" type="checkbox"/>
Day Pack/Book bag		<input checked="" type="checkbox"/>
Rain Cover		<input checked="" type="checkbox"/>
Watch (optional)		<input type="checkbox"/>
Bug Spray 90%DEET or more		<input type="checkbox"/>
ziplock bags		<input checked="" type="checkbox"/>
Pencils		<input checked="" type="checkbox"/>
Container for lunch (optional)		<input checked="" type="checkbox"/>

NW COSTA RICA

CLOTHES

Item	Quantity	Packed
Hiking Pants		<input checked="" type="checkbox"/>
Non-Cotton Shirts		<input checked="" type="checkbox"/>
Hiking shoes		<input checked="" type="checkbox"/>
Belt		<input checked="" type="checkbox"/>
sandals		<input checked="" type="checkbox"/>
Wool Socks		<input checked="" type="checkbox"/>
Synthetic Sock Liners (Optional)		<input type="checkbox"/>
Rain Jacket		<input checked="" type="checkbox"/>
Fleece		<input type="checkbox"/>
Warm Jacket		<input type="checkbox"/>
hat		<input checked="" type="checkbox"/>
sun glasses		<input checked="" type="checkbox"/>
warm gloves		<input type="checkbox"/>
snow cap (beanie)		<input type="checkbox"/>
warm clothes		<input type="checkbox"/>
swimming suit		<input checked="" type="checkbox"/>

HOTEL

Item	Quantity	Packed
Quarters (laundry)		<input type="checkbox"/>
Shower shoes		<input type="checkbox"/>
Toiletries		<input type="checkbox"/>
Towel		<input type="checkbox"/>
Fan (optional)		<input type="checkbox"/>
Bedding/provided bedding is terrible		<input type="checkbox"/>
Soap for Laundry		<input type="checkbox"/>

OTHER ACCESSORIES

Item	Quantity	Packed
Tent		<input type="checkbox"/>
Sleeping Bag (0-20 degree recommended)		<input type="checkbox"/>
Headlamp		<input checked="" type="checkbox"/>
Sleeping Pad		<input type="checkbox"/>
Camping Mug		<input type="checkbox"/>
Camping Stove (Optional)		<input type="checkbox"/>
spoon and bowl		<input type="checkbox"/>
towel		<input type="checkbox"/>

OFFICE SUPPLIES

Item	Quantity	Packed
Graph Paper (millimeter grid squares)		<input checked="" type="checkbox"/>
Pencils		<input checked="" type="checkbox"/>
Colored Pencils and sharpener (6 colors enough)		<input checked="" type="checkbox"/>
Protractor		<input checked="" type="checkbox"/>
Microns Pens (0.1: red, blue, 2 black)		<input checked="" type="checkbox"/>
Ruler		<input checked="" type="checkbox"/>
Stereonet		<input type="checkbox"/>
Tracing Paper		<input type="checkbox"/>
Scotch tape for stereonet		<input type="checkbox"/>
Quality Eraser		<input checked="" type="checkbox"/>
White Out Pen		<input type="checkbox"/>
lap top with ArcGis		<input type="checkbox"/>

THE FIELD

Item	Quantity	Packed
Clipboard		<input checked="" type="checkbox"/>
Hard Rock Hammer		<input checked="" type="checkbox"/>
Rock Hammer Sheath (recommended)		<input type="checkbox"/>
Hand Lens		<input checked="" type="checkbox"/>
Geologic Field Notebook	1	<input checked="" type="checkbox"/>
HCL (optional)		<input type="checkbox"/>
Brunton Compass		<input checked="" type="checkbox"/>
Sunscreen		<input checked="" type="checkbox"/>
Bladder/Nalgens (3-liter)		<input checked="" type="checkbox"/>
Day Pack/Book bag		<input checked="" type="checkbox"/>
Rain Cover		<input type="checkbox"/>
Watch (optional)		<input type="checkbox"/>
Bug Spray 90%DEET or more		<input checked="" type="checkbox"/>
ziplock bags		<input checked="" type="checkbox"/>
Pencils		<input checked="" type="checkbox"/>
Container for lunch (optional)		<input type="checkbox"/>